

Recruiting Family and Consumer Sciences Volunteers

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INTRODUCTION

The purpose of the Family and Consumer Sciences Volunteer program is to build a network of advocates in counties across the state of Ohio to support the Family and Consumer Sciences Extension program. This program was first implemented in 2017.



VOLUNTEER ROLES

Advocate: Work with legislators and stakeholders to advocate for Family and Consumer Sciences programs.

Promoter: Participate in public awareness and marketing campaigns for Family and Consumer Sciences programs. Assist with informational and educational events with the Family and Consumer Sciences Educator.

WE ♥ OUR
VOLUNTEERS

Family and Consumer Sciences Volunteer

Step 1: Complete volunteer application process.

Step 2: Participate in on-line required training and one-day face-to-face training at OSU Campus in Columbus.

Step 3: Work closely with FCS Educator to plan and promote programs.

Family and Consumer Sciences Educator

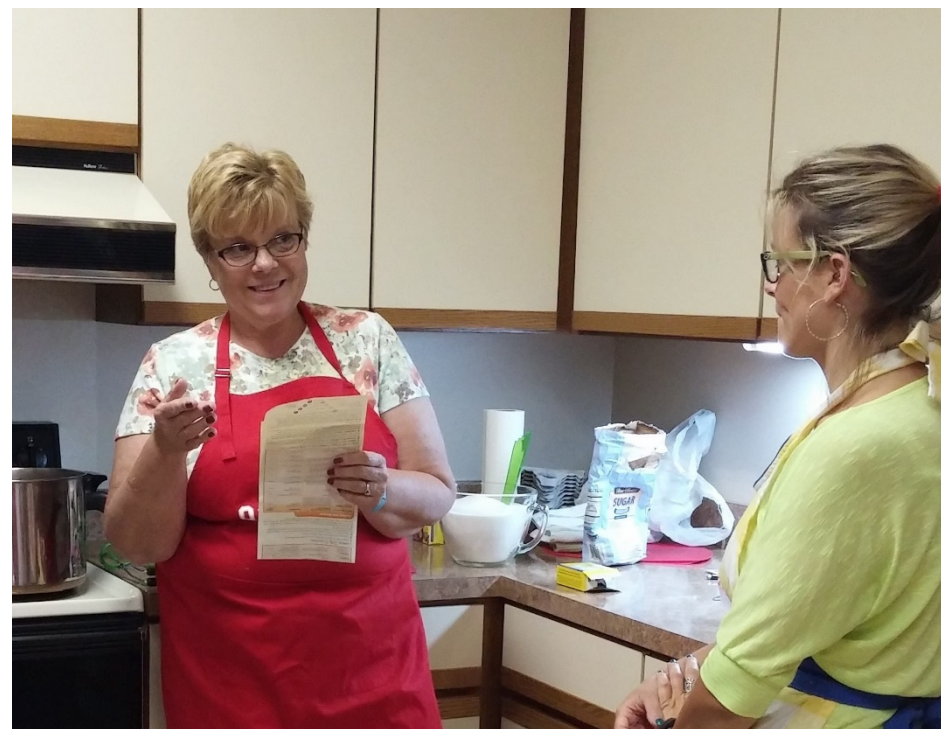
Step 1: Recruit volunteers through publicity, word-of-mouth and programs.

Step 2: Facilitate volunteer application process.

Step 3: Participate in one-day face-to-face training at OSU Campus in Columbus.

Step 4: Enjoy working with your volunteer to promote and advocate for Family and Consumer Sciences programs! Share success stories.

Fairfield County Volunteer



"In Fairfield County, Sandy and I enjoy working together on food preservation programs. She is instrumental in helping to plan and publicize programs, as well as in assisting with demonstrations." (Shannon Carter, FCS Educator, Fairfield County)

Pike County Volunteers



"My experience working with you and others at the Pike County office has been most enjoyable! I look forward to more opportunities to help educate and work with Pike Countians in the areas of health, wellness, nutrition and other areas of family consumer sciences." (Pike County FCS Volunteer)

Benefits of Volunteering

- **To feel good about yourself.** Many studies show that volunteering helps both the immune and nervous systems and improves life expectancy.
- **To share talents** you may have or maintain a level of skill after retirement.
- **To gain new skills or experience** as you are starting a career. What better way to learn about your surroundings then to immerse yourself in community projects?
- **To make a difference.** This is cited as the number one reason people volunteer.

nationservice.org

fcs.osu.edu/programs/volunteer

OUTCOMES

- In 2017, OSU Extension FCS programs had 9 volunteers in 6 counties.
- Volunteers served as advocates and promoters of FCS programs in their counties by serving on local Extension and FCS Advisory Committees.
- Volunteers assisted with events such as food preservation programs, health fairs, Cooking Matters programs, Real Money Real World, and County Fair programs.

OHIO STATE UNIVERSITY EXTENSION

VOLUNTEER

Family and Consumer Sciences
is looking for a few good people

fcs.osu.edu/programs/volunteer



Source: Corporation for National & Community Service



THE OHIO STATE UNIVERSITY

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